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UMaine Office for Diversity and Inclusion_Fall 2021 is almost here!

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Matthew Revitt <matthew.revitt@maine.edu>

Fall 2021 is almost here! 😊

1 message

UMaine Office for Diversity and Inclusion <robert.jackson@maine.edu>
Reply-To: UMaine Office for Diversity and Inclusion <robert.jackson@maine.edu>
To: matthew.revitt@maine.edu

Mon, Aug 2, 2021 at 4:27 PM



Dear Students, Staff, Faculty and Friends,

It is with great pleasure and anticipation that we look forward to your return this Fall. I hope you all had a restful and restorative summer. I hope that you are energized to return to campus and get involved with us.

Over the summer, we have kept ourselves busy! We recognized and celebrated Juneteenth for the first time on campus. ODI proudly represented the University of Maine at the Bangor Pride Parade late June. Most of July was filled with training sessions and having discussions around equity and inclusion on campus. The rest of the summer was filled working on planning for the Fall.

We cannot express enough how excited we are to have you all back on campus. We are even more excited to have our centers all open and ready to be filled. We look forward to to ways we can work and collaborate.

Enjoy the rest of your summer and we'll see you in late August!

Anila Karunakar (she/her)
Director for Diversity and Inclusion

Hello all!

It's August and campus is buzzing as we make plans for the upcoming fall semester! Like many of you, we are keeping a close eye on the delta variant of COVID-19 and we urge you to get vaccinated if you have not already. Please check the [UMaine Return](#) website for updated information regarding the steps and measures in place on campus as move-in day draws closer.

Anila and I are SO excited as we've been working to build our staff for the coming year and getting to work on plans for fall programs and events. We've met some truly amazing candidates and I think the folks we've identified for our graduate assistant positions are going to make stellar additions to the team! While we will continue to maintain the three centers that make up the Office for Diversity and Inclusion, this year we're changing up the way our graduate staff work, and all three GAs will support all three centers, rather than having an assigned graduate assistant for each center. We think this will better facilitate collaboration between the centers and continue moving the needle on our goal of creating programming and events that are intersectional and inclusive of all marginalized communities. We have also combined our Facebook and Instagram presence to allow us to be more intentional with our social media content. Find us on both [Facebook](#) and [Instagram](#) under the UMaineODI name from now on.

Another change I'd like to highlight is one pertaining to our Safe Zone training program. In the past, we have offered in-person and virtual facilitated Safe Zone training sessions that cover basic language and information pertaining to gender and sexuality. We're excited to continue offering this information in a completely self-guided, online Foundational Safe Zone training, now available for all through the Safe Zone Project! This will allow folks to access and complete the same Safe Zone training, but on their own time, with the flexibility to start and stop as needed, while also allowing our staff to focus on providing training opportunities that move beyond the basics and into active allyship and accompliceship with the LGBTQ+ community.

I'd also like to share that we've added a second LGBTQ-centered training to our slate of offerings, entitled ALLY 101. ALLY 101 builds upon the basics learned in the Foundational Safe Zone training and delves into the concept of allyship, what it means to be an ally, and how folks can act as allies to marginalized communities in their own neighborhood. For more information on the Foundational Safe Zone training and ALLY 101, please check out the [Training page on our website](#) or reach out to me at robert.jackson@maine.edu. We will also continue to offer our Introduction to Diversity, Equity, and Inclusion and Transforming Self for Racial Equity training programs, and we look forward to building new offerings and finding new ways to make our current ones more accessible!

This edition of our newsletter will be the last one sent on a monthly basis, as our weekly newsletters will resume in September. We hope that you take these last weeks before move-in to relax, enjoy your summer, and recharge for the coming year. Happy August, and we'll see you in just a few weeks back here in Orono!

All the best,

Rob Jackson (he/him)
Staff Associate for Diversity and Inclusion



According to the most recent [United States Census](#) reports, Black- or African American-owned businesses “account for 9.4 percent of all firms, which is still below the 13.1 percent Black or African American share of the U.S. adult population.”

Representing [10% of all minority-owned businesses](#), women are at the heart of the growth of Black-owned businesses. Census data reveals that 59% of Black-owned businesses are operated by women; there were 900,000 Black and female-owned firms in 2007, which grew to 1.5 million in 2012.

That said, this year has been particularly difficult for Black-owned businesses.

[National Geographic](#) reports that researchers at the University of California at Santa Cruz found that the COVID-19 outbreak disproportionately hurt minority businesses—with Black-owned businesses being especially disrupted. They found that 41% of Black-owned businesses had been shuttered due the pandemic, a striking difference to the just 17% of white-owned businesses.

Black Business Month is all about shining a spotlight on black-owned businesses and making intentional, consistent efforts to support them. Try

implementing some of these tips this month, but don't let them end when we flip the calendars to September:

- Use Black directories – The internet is full of all kinds of resources for finding Black-owned business, and some make it as easy as using an old school phone book. Turn to resources like [WeBuyBlack](#) and [Where U Came From](#) to find Black-owned business options for all of your needs. We even have a Maine-specific resource called [Black Owned Maine!](#)
- Follow the hashtags – With the best intentions, social media can be an incredible resource. Use hashtags like #NationalBlackBusinessMonth, #ShopBlackOwned, #Blackmakers, #Blackowned, #SupportBlackBusiness to find businesses to support.
- Partner with a neighbor – Small business owners are in a prime position to help elevate a neighboring Black business by partnering with them on a project or special offer.
- Hold vendors accountable – Being an ally often means having someone's back. In the case of supporting Black business, small businesses need to hold others accountable who aren't being inclusive, whether that's local organizations, like the Chamber of Commerce, or civic groups.
- Make space – So much of business is about getting good attention and PR. When a reporter calls a business for a quote about the struggles of, say, COVID-19, rather than take the interview, a small business owner could suggest the names of a Black-owned business instead and pass the mic.





According to University of California, Berkeley sociology professor Prudence Carter, critical race theory is a legal framework designed by scholars in the 1980s that explains how structural and racial disparities persist in American society. Carter made the distinction between teaching critical race theory – a concept most often introduced to students at the graduate level – and taking a critical approach to teaching about race and racism in American history. “The two are being conflated,” Carter said of the current debate surrounding critical race theory that is roiling many K-12 schools throughout the U.S., most of which do not actually teach the framework itself. Carter joined PBS NewsHour’s Amna Nawaz on Tuesday, June 29 to answer viewers’ questions on critical race theory.



Aquatics Certification Courses

Shallow Water Lifeguard Certification

The Shallow Water Lifeguarding course provides entry-level participants with the knowledge and skills needed to prevent, recognize and respond to aquatic emergencies in water up to 5 feet deep, and to provide care for breathing and cardiac emergencies, injuries, and sudden illnesses until emergency medical services personnel take over. Participants will take part in a blended learning format with classroom skills and water rescue activities. Learn skills in leadership, taking responsibility, problem solving, and teamwork! Successful participants will be offered the opportunity to interview for a lifeguard position! Must be at least 15 years or older. Registered applicants receive one free 30 minutes swim lesson upon request.

Course Dates:

Pre-Course: September 2 (4:00-5:00 p.m. @ Wallace Pool)

September 3 (4:00-7:00 p.m.)

September 4 (8:00 a.m. - 4:15 p.m.)

September 5 (8:00 a.m. - 3:30 p.m.)

September 6 (9:00 a.m. - 12:30 p.m.)

Successful Applicant: \$50*

Member: \$150; Non-Member: \$175

Scholarships Available:

umaine.edu/campusrecreation/diversity-inclusion/

Lifeguard and Swim Instructor Job Descriptions:

umaine.edu/campusrecreation/employment

Water Safety Instructor (WSI)

The purpose of the Water Safety Instructor course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use course materials, conduct training sessions and evaluate participant progress.

Must be at least 16. **Fee includes 1 free 30-minute swim lesson.** Once you have completed the Water Safety Instructor course you will be certified to teach:

- Learn-To-Swim (6 Levels)
- Parent and Child Aquatics (2 Levels)
- Pre-School Aquatics (3 Levels)
- Adult Aquatic Training (3 Levels)
- Water Safety Outreach, including:
 - Basic Water Rescue
 - Personal Water Safety
 - Safety Training for Swim Coaches*
 - Water Safety Today
- Water Safety presentations, including:
 - General Water Safety
 - Home Pool Safety
 - Parent Orientation to Swim Lessons
 - Sun Safety
 - Rip Current Safety
 - Longfellow's W.H.A.L.E. Tales

Dates: September 13-24, 2021 (5:00-7:30 p.m.)

Successful Applicant: \$50*

Member: \$275; Non-Member: \$325

** Successful applicant must commit to working at least 10 hours weekly throughout the semester, to qualify for this discount.*

For More Information: email adrianna.delamo@umaine.edu



umaine.edu/campusrecreation | facebook.com/umrec | (207) 581-1082
5797 New Balance Student Recreation Center | 22 Hilltop Road, UMaine, Orono, 04469

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**#STOP
ASIAN
HATE**



Anila and other members of the UMaine and UMS team were proud to represent the university at this year's Bangor Pride stationary parade, held Saturday, June 26th at Hollywood Casino Raceway in Bangor!



It's the moment that Great Britain's Tom Daley has been waiting for his entire career – 13 years on from his first Games, he is now an Olympic gold medallist. The 27-year-old won the synchronised 10m dive with his diving partner Matty Lee. Speaking

after the momentous occasion Daley said that 'I feel incredibly proud to say that I am a gay man and also an Olympic champion. When I was younger I didn't think I'd ever achieve anything because of who I was. To be an Olympic champion now just shows that you can achieve anything'





Cosplaying Oppression: Hollywood's History of Excluding Autistic People From Their Own Stories (via [Ms. Magazine](#))



Olympic And Paralympic Moms Face Big Obstacles To Compete. They're Demanding Change (via [NPR](#))

What to Bring and not Bring to Campus ([courtesy of UMaine Housing Services](#))

What to Bring

Coordinate with your roommate(s) to minimize duplicate items. The [University Bookstore](#) carries many small items, including accessories for computers and mobile phones, toiletries, and shower shoes. You can purchase many of these items in local stores, or buy online and ship them to your campus address two weeks prior to moving in.

[Get the printer friendly version of this list.](#)

Living and sleeping

- Pillows
- Bedding
 - Mattress pad
 - Comforter
 - Blankets
 - Sheets for Twin XL (80" long)
- Carpet or area rug
- Cutlery set
- Bowl, cup, and plate
- Lamps (not halogen or neon)
- UL-approved power strips (15 amp)
- Grounded (3-prong) extension cords
- UL-certified fan
 - Window fans can be closed into almost all residence windows
- Full-length or handheld mirror
- Crates and organizers
- Bed lifts
- Alarm clock
- Flashlight with extra batteries
- Clothes hangers
- Sewing kit
- A mini-fridge or [MicroChill®](#) Combination Unit (one per room permitted)
- Coffee makers and electric kettles (both with auto shut offs) are permitted

Technology, entertainment and recreation

- [Laptop or desktop computer](#)
- Tablet
- Cell phone and charger (landlines are not provided in rooms)
- Extra charging cables
- Bike and lock
- Sports equipment ([rentals available at Maine Bound](#))

Personal Care

- Prescription medications
 - If refills are being mailed, make sure they're sent Priority Mail Express.
This gets processed first by the [Package and Postal Center](#).
- Toiletry holder/shower caddy
- Personal care products
- Cleaning products
 - Disinfecting wipes
 - Broom & dustpan
 - Dusting wands (Swiffer or similar)
- Laundry items
 - High efficiency detergent

- Laundry basket or bag
- Stain remover
- Dryer sheets
- No need for quarters – Your MaineCard will be loaded with \$35.00 in laundry funds for each semester
- Towels and washcloths
- Bathrobe
- Shower shoes (flip-flops)

Health and safety

- Health insurance card
- Hand sanitizer
- Thermometer
- First aid kit
- Face coverings or masks

Other

- Automobile ([parking permits available for \\$50/year](#))
- Room decor
- Removable wall hanging strips and hooks
- Tacks for bulletin board
- [Personal property insurance for belongings](#)

Please do NOT bring

Electrical appliances including

- Any cooking appliance other than a coffee makers and electric kettles (with auto shut offs)
- Heating elements (e.g. hot plate, toaster oven, space heater)
- Microwave oven
- Personal wireless router
- Halogen lamps
- Neon signs
- Two-prong extension cords
- Air conditioners
- Analog televisions

Other

- Pets other than small fish in up to 10 gallon tank
- Large furniture that will not fit in the room
- One-of-a-kind or irreplaceable items
- Weapons or ammunition
- Candles or incense
- Flammable liquids

- Hoverboards
- Drones
- Tobacco in any form
- Alcohol, if under 21 or residing in Substance Free Housing
- Illegal or non-prescribed drugs (including marijuana in any form)



**The Olympics has a race
problem. Athletes
everywhere are calling out**

the sporting body for a history of banning Black women. (via [Business Insider](#))

This email was sent to matthew.revitt@maine.edu

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